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Section titles

1. Anxiety
2. Biography
3. Case History
4. Children/ Adolescents
5. Chronic Mental Illness
6. Community/Government Services
7. Depression/ Bipolar
8. Drugs/Medication
9. Families
10. Homeless/Housing
11. Mental Health System/ Hospitals/Institutions
12. Nutrition
13. Psychiatry/Therapy/Grief and Loss
14. Schizophrenia
15. Miscellaneous-Fundraising-Stigma
16. Legal Issues-Wills, Estate Planning
17. Obsessive Compulsive Disorder
18. Self-Help
19. Personality Disorders
20. Reference

1 - Anxiety

*Genre/Age*: Non-Fiction, Adult. *Subject(s)*: Anxiety

If Your Adolescent has an Anxiety Disorder: An Essential Resource for Parents by Foa, Edna B., Ph.D., et al. 2006, Oxford University Press. Paper. *Genre/Age*: Non-Fiction, Adult. *Subject(s)*: Anxiety, Children/Adolescents, Families

*Genre/Age*: Non-Fiction, Adult. *Subject(s)*: Anxiety

*Genre/Age*: Non-Fiction, Adult. *Subject(s)*: Anxiety, Depression

Triumph Over Fear by Ross, Jerilyn. 1994, Bantam Books. *Subject(s)*: Anxiety

2 – Biography/Autobiography


Library Book List 6-2018

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Loony Bin Trip by Millett, Kate. 1990, Simon and Schuster. Genre/Age: Non-Fiction, Adult. Subject(s): Biography


3 - Case History

Agnes's Jacket: A Psychologist's Search for the Meanings of Madness by Hornstein, Gail. 2009, Rodale. Genre/Age: Non-Fiction. Subject(s): Case History


Brain on Fire: My Month of Madness by Cahalan, Susannah. 2012, Free Press. Hardcopy. Genre/Age: Non-Fiction, Adult. Subject(s): Case History

Crazy in America: Hidden Tragedy of Our Criminalized Mentally Ill by Pfeiffer, Mary Beth. 2007, Carroll and Graf. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Case History, Mental Health System
Library Book List 6-2018

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Falling Into the Fire: A Psychiatrist’s Encounters with the Mind in Crisis by Montross, Christine. 2013, Penguin Press. Hardcopy. Genre/Age: Adult. Subject(s): Case History, Psychiatry

Fight to Be: A Psychologist’s Experience From Both Sides (A) by Bassman, Ronald, Ph.D. 2007, Tantamount Press. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Case History, Biography


Landscapes of the Mind: A Journal of Human Experience, Writers Explore Mental Illness by Bellevue Literary Review, Multiple authors. 2006, Bellevue Literary Review. Paper, 2nd copy Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Case History

Lovers, Killers, Husbands and Wives: A Court Psychiatrist Looks at Crimes of Passion by Blinder, Martin, M.D. 1985, St. Martin's Press. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Case History

Man Who Mistook His Wife for a Hat and Other Clinical Tales (The) by Sacks, Oliver. 1990, Harper Perennial. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Case History

Purge: Rehab Diaries by Johns, Nicole. 2009. Paper. Subject(s): Case History


Will There Really Be a Morning? by Farmer, Frances. 1972, Dell Pub. Paper. Genre/Age: Fiction, Adult. Subject(s): Case History

4 - Children/Adolescents

Anguished Voices: Siblings and Adult Children of Persons with Psychiatric Disabilities by Dickens, Rex M. et al. 1994, Center for Psychiatric Rehabilitation; Boston University. Genre/Age: Non-Fiction. Subject(s): Children/Adolescents, Family

Bipolar Child (The) by Papolos, Demitri, M.D., et al. 1999, Broadway Books: Division of Random House. Genre/Age: Non-Fiction, Adult. Subject(s): Children/Adolescents

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Complete Guide to Asperger's Syndrome (The) by Attwood, Tony. 2007, JKP. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Children/Adolescents

Don’t Blame the Music (a novel) by Cooney, Caroline B. 1987, Berkley Publishing Group. Genre/Age: Fiction, Young Adult- Grade 8 and up.


Girl with the Crazy Brother (The) by Hyland, Betty. 2002, Xlibris, Corp. Hardcover. Genre/Age: Fiction, Young Adult- Grades 7-12.


Is There No Place on Earth for Me? by Sheehan, Susan. 1983, Random House. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): (Children/Adolescents), Schizophrenia, Biography

Keeper (The) (novel) by Reynolds Naylor, Phyllis. 1986, Atheneum. Genre/Age: Fiction, Young Adult- Ages 12 and up.


Too Young to Die by Booth, Carol, A.C.S.W. 1986, NY Mental Health Association. Paper. Subject(s): Children/Adolescents

Why is Dad So Mad?: A Book About PTSD and Military Families by Kastle, Seth. 2015, Tall Tale Press. Paper. Genre/Age: Non-Fiction, Children. Subject(s): Children/Adolescents, PTSD

5 - Chronic Mental Illness

Brain on Fire: My Month of Madness by Cahalan, Susannah. 2012, Free Press. Hardcopy. Genre/Age: Non-Fiction, Adult. Subject(s): Case History


Living with Chronic Illness by Register, Cheri. 1992, Bantam Books. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Chronic Mental Illness

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6 - Community/Government Services


Church and Society: The Church and Serious Mental Illness by Social Justice and Peacemaking Unit. 1991, General Assembly Council, Presbyterian Church. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Community


Fountain House: Creating Community in Mental Health Practice by Doyle, Alan., et al. 2013, Columbia University Press. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Community

How to Obtain the Benefits You Deserve: Social Security Disability by Freedman, Jeffrey M. 2013, Jeffrey M. Freedman. Genre/Age: Non-fiction, Adult.


Making It Crazy: An Ethnography of Psychiatric Clients in an American Community by Estroff, Sue E. 1981, University of California Press. Genre/Age: Non-Fiction, Adult. Subject(s): Community/Government Services, Case History

Out of the Shadows: Confronting America's Mental Illness Crisis by Torrey, E. Fuller, M.D. 1997, John Wiley and Sons. Genre/Age: Non-Fiction, Adult. Subject(s): Community/Government Services, Mental Health System


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7 - Depression/Bipolar

Acquainted with the Night: A Parent’s Quest to Understand Depression and Bipolar Disorder in His Children by Raeburn, Paul. 2004, Broadway Books: Division of Random House. Genre/Age: Non-Fiction, Adult. Subject(s): Depression, Bipolar, Family


Bipolar Bear Family: When a Parent Has Bipolar Disorder (The) by Holloway, Angela Ann. 2006, Author House. Paper. Genre/Age: Fiction, Children. Subject(s): Depression/Bipolar, Families


Bipolar Disorder: Biological Models and Their Clinical Application by Young, L. Trevor, et al. 1997, Marcel Dekker, Inc. Hardcopy. Genre/Age: Non-Fiction, Adult. Subject(s): Depression/Bipolar


Depression Fallout: The Impact of Depression on Couples and What You Can Do to Preserve the Bond by Sheffield, Anne. 2003, Quill, Harper Collins. Genre/Age: Non-Fiction, Adult. Subject(s): Depression


Face of Depression (The) by Brunner, Schatzie. 2016, Schatzie Brunner. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Depression

His Bright Light: The Story of Nick Traina by Steele, Danielle. 2000, Delacorte Press. Genre/Age: Non-Fiction, Adult. Subject(s): Bipolar Disorder, Grief/Loss, Biography


I'm Dancing as Fast as I Can by Gordon, Barbara. 1979, Harper and Row. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Depression/Bipolar, Anxiety, Biography, Addiction


Memory of Light (The) by Stork, Francisco X. 2016, Arthur A. Levine Books/ Scholastic. Hardcover. Genre/Age: Fiction, Young Adult- Grade 9 and up. Subject(s): Depression/Bipolar


Night Falls Fast: Understanding Suicide by Jamison, Kay Redfield. 1999, Vintage. Genre/Age: Non-Fiction, Adult. Subject(s): Depression, Suicide


One Hundred Questions and Answers About Bipolar (Manic-Depressive) Disorder by Albrecht, Ava T., M.D., et al. 2007, Jones and Barrlett. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Bipolar Disorder

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**Overcoming Depression: The Definitive Resource for Patients and Families Who Live with Depression and Manic Depression** by Papolos, Demitri, M.D., et al. 1985, Harper and Row. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Depression/Bipolar

**Seventy-Two Hour Hold** by Campbell, Bebe Moore. 2004, Alfred A. Knoff. Hardcover. **Genre/Age:** Fiction, Adult. **Subject(s):** Bipolar Disorder

**Sights Unseen: A Novel About Manic Depression** by Gibbons, Kate. 1995, Putnam. **Genre/Age:** Fiction, Adult. **Subject(s):** Bipolar Disorder

**Speaking of Sadness** by Karp, David A. 1996, Oxford University Press. Paper. **Subject(s):** Depression/Bipolar

**Stress Power: How to Turn Tension into Energy** by Anderson, Robert A., M.D. 1978, Human Science Press. 14.95. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Depression/Bipolar


**Surviving Suicide: Searching for Normal with Heartache and Humor** by Baxter, Deena. 2014, Mascot Books. Hardcover. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Depression/Bipolar

**To Walk on Eggshells: To Care for a Mental Illness** by Johnston, Jean K. 2005, The Cairn. Paper. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Depression/Bipolar

**Too Young to Die** by Booth, Carol, A.C.S.W. 1986, NY Mental Health Association. Paper. **Subject(s):** Children/Adolescents

**Under My Helmet** by O’Neil, Keith. 2017, Skyhorse Publishing. Hardcover. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Bipolar Disorder, Memoir

**Understanding Depression** by Klein, Donald, M.D., et al. 1993, Oxford University Press. Hardcover. **Subject(s):** Depression

**Unmasking Male Depression** by Hart, Archibald. 2001, Thomas Nelson. Paper. **Subject(s):** Depression

**We Heard the Angels of Madness: A Family Guide to Coping with Manic Depression** by Berger, Diane, et al. 1991, Quill. Paper. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Bipolar Disorder

**When Someone You Love is Bipolar: Help and Support for You and Your Partner** by Last, Cynthia G., Ph.D. 2009, Guilford Press. Paper. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Bipolar Disorder

**Where are the Cocoa Puffs? A Family’s Journey Through Bipolar Disorder** by Schwartz, Karen Winters. 2010, Goodman Beck Publishing. Paper. **Genre/Age:** Fiction, Adult. **Subject(s):** Bipolar Disorder, Novel

**Why is Mommy Sad?: A Child’s Guide to Parental Depression** by Chan, Paul D., M.D. 2005, CCS Pub. Paper. **Genre/Age:** Non-Fiction, Children. **Subject(s):** Depression, Children's Book
8 - Drugs/Medication


Dual Diagnosis of Mental Illness and Substance Abuse: Collected Articles from H and CP. 1993, Hospital and Community Psychiatry Service. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Drugs/Medication, Dual Diagnosis


Is It Me or My Meds? Living With Antidepressants by Karp, David A. 2006, First Harvard University Press. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Drugs/Medication, Depression

Medicines for Mental Health: The Ultimate Guide to Psychiatric Medication by Thompson, Kevin, M.D. 2007, BookSurge Publishing. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Drugs/Medication


Psychopharmacology of Antipsychotics by Stahl, Stephen M., M.D., Ph.D. 1999, Dunitz. Genre/Age: Non-Fiction, Adult. Subject(s): Drugs/Medication

9 - Families


Caring Family (The) by Bernheim, Kayla F. 1982, Contemporary Books. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Families

Experiences of Patients and Families: First Person Accounts. 1989, Reprinted from "Schizophrenia Bulletin" and NY Times, NAMI. Genre/Age: Non-Fiction, Adult. Subject(s): Families

Families as Allies in Treatment of the Mentally Ill by Lefley, Harriet, Ph.D. (Editor), et al. 1990, American Psychiatric Press. Genre/Age: Non-Fiction, Adult. Subject(s): Families

Families of the Mentally Ill: Coping and Adaptation by Hatfield, Agnes., (Editor) et al. 1987, Guilford Press. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Families


No Time to Say Goodbye: Surviving the Suicide of a Loved One by Fine, Carla. 1997, Broadway Books, Random House. Genre/Age: Non-Fiction, Adult. Subject(s): Families, Suicide


Tell Me I’m Here by Deveson, Anne. 1991, Penguin. Paper. Subject(s): Families

Twists and Turns by Ackerman, Ruth C. 1993, Paths of Life Press. Paper. Subject(s): Families


When Someone You Love Has a Mental Illness by Woollis, Rebecca. 1992, Putnam. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Families


10 - Homeless/Housing

Homeless Mentally Ill (The) by Lamb, H. Richard, M.D. (Editor). 1984, American Psychiatric Press. Genre/Age: Non-Fiction, Adult. Subject(s): Homeless/Housing

Nowhere to Go: The Tragic Odyssey of the Homeless Mentally Ill by Torrey, E. Fuller, M.D. 1988, Harper and Row. Genre/Age: Non-Fiction, Adult. Subject(s): Homeless/Housing, Mental Health System

Stories from the Shadows: Reflections of a Street Doctor by O’Connell, James J., M.D. 2015, BHCHP Press. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Homelessness

11 - Mental Health System/Hospitals/Institutions


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**Eclipse of the State Mental Hospital: Policy, Stigma, and Organization (The)** by Dowdall, George W. 1996, SUNY. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System

**Gould Farm: A Life of Sharing** by McKee, William J. 1994, William J. Gould Associates, Inc. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System


**Insane Consequences: How the Mental Health Industry Fails the Mentally Ill** by Jaffe, D.J. 2017, Prometheus Books. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System, Community/ Government Services

**Insanity Offense: How America's Failure to Treat the Mentally Ill Endangers Its Citizens (The)** by Torrey, E. Fuller, M.D. 2008, W.W. Norton and Company. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System

**Nine Highland Road: Sane Living for the Mentally Ill** by Winerip, Michael. 1994, Random House. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System, Group Homes

**No One Cares About Crazy People: The Chaos and Heartbreak of Mental Health in America** by Powers, Ron. 2017, Hachette Books. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System

**Prison Madness: Mental Health Crisis Behind Bars and What We Must Do About It** by Krupers, Terry, M.D. 1999, Jossey-Bass. Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System

**Within Our Reach: Ending the Mental Health Crisis** by Carter, Rosalynn, et al. 2010, Rodale, Inc. Hardcopy. Genre/Age: Non-Fiction, Adult. Subject(s): Mental Health System

12 - Nutrition

13 - Psychiatry/Therapy/Grief and Loss


**Difficult Gift (The)** by White, Paul. 2011, Jeanne Duval Editions. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Psychiatry/Therapy/Grief and Loss

**Electroshock: Healing Mental Illness** by Fink, Max, M.D. 1999, Oxford University Press. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Psychiatry/Therapy

12


From Hurting to Happy: Transforming Your Life After Loss by Bartocci, Barbara. 2002, Sorin Books. Genre/Age: Non-Fiction, Adult. Subject(s): Grief and Loss


Landscapes of the Mind: A Journal of Human Experience, Writers Explore Mental Illness by Bellevue Literary Review, Multiple authors. 2006, Bellevue Literary Review. Paper, 2nd copy Hardcover. Genre/Age: Non-Fiction, Adult. Subject(s): Case History


Voices of Strength: Sons and Daughters of Suicide Speak Out by Zionts Fox, Judy, R.N., L.S.W., et al. 2009, New Horizon Press. Paper. Genre/Age: Non-Fiction, Adult. Subject(s): Grief and Loss
Library Book List 6-2018

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14 - Schizophrenia

**Beyond Symptom Supression: Improving Long-Term Outcomes of Schizophrenia** by GAP- Group for the Advancement of Psychiatry. 1992, American Psychiatric Press. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia

**Center Cannot Hold: Memoir of Living with Schizophrenia (The)** by Saks, Elyn R. 2007, Hyperion. Hardcopy. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Biography, Schizophrenia

**Complete Family Guide to Schizophrenia: Helping Your Loved One Get the Most Out of Life (The)** by Mueser, Kim T., Ph.D., et al. 2006, Gulford Press. Paper. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia, Family

**Coping with Schizophrenia** by Kelly, Evelyn, PhD. 2001, Rosen Publishing Group. Hardcopy. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia

**Day the Voices Stopped: A Schizophrenic's Journey from Madness to Hope (The)** by Steele, Ken, et al. 2001, Basic Books. Paper. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia, Memoir

**Divided Minds: Twin Sisters and Their Journey through Schizophrenia** by Spiro Wagner, Pamela, et al. 2005, St. Martin's Press. **Genre/Age: Adult.** **Subject(s):** Schizophrenia

**Henry's Demons: Living with Schizophrenia, A Father and Son's Story** by Cockburn, Patrick, et al. 2011, Simon and Schuster. Paper and Hardcover. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia, Families, Biography

**I Know This Much is True** by Lamb, Wally. 1998, Harper Collins. Hardcover. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia, Biography, Families

**If Your Adolescent has Schizophrenia: An Essential Resource for Parents** by Gur, Raquel E., M.D., et al. 2006, Oxford University Press. Paper. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia, Children/Adolescents, Families

**Mind Estranged: My Journey from Schizophrenia and Homelessness to Recovery** by Yeiser, Bethany. 2014, self-published. Paper. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia, Memoir

**Personal Therapy for Schizophrenia and Related Disorders: A Guide to Individualized Treatment** by Hogarty, Gerard E., M.S.W. 2002, The Guilford Press. Hardcover. **Genre/Age:** Non-Fiction, Adult. **Subject(s):** Schizophrenia

**Please Stop Smiling: Story About Schizophrenia and Mental Illness for Children** by Carlson, Jr., Richard. 2012, Create Space Publishing. Paper. **Genre/Age:** Fiction, Children 10+. **Subject(s):** Schizophrenia, Children/Family

**Quiet Room: A Journey Out of the Torment of Madness (The)** by Schiller, Lori, et al. 1994, Warner Books, Inc. Hardcover, 2 Paper. **Genre/Age:** Adult. **Subject(s):** Schizophrenia
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15 - Miscellaneous-Fundraising-Stigma


16 - Legal issues - Wills, Estate Planning


17 - Obsessive Compulsive Disorder


18 - Self-Help

Alzheimer's Disease and Other Dementias by Agronin, Marc. 2008, Lippincott Williams and Wilkins. Genre/Age: Non-Fiction. Subject(s): Self-Help, Alzheimers, Dementias
Library Book List 6-2018

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**Men and Depression: What to Do When the Man You Care About is Depressed** by Francis-Cheung, Theresa., et al. 2002, Thorsons. Paper. *Genre/Age*: Non-Fiction, Adult. *Subject(s)*: Self-Help, Depression


**NAMI Hearts and Minds Toolkit (Book, Video, 9 sheets)** by NAMI-NYS. 2010, NAMI-NYS. *Genre/Age*: Non-Fiction, Adult. *Subject(s)*: Self-Help, Families


Up and Down the Worry Hill: Children's Book on OCD and Its Treatment by Wagner, Aureen Pinto, Ph.D. 2013, Lighthouse Press, Inc. Paper. Genre/Age Children. Subject(s): Self-Help


19 - Personality Disorders


Her: Novel about borderline personality disorder by Johnson, Felicia. 2013, 8th Street Publishing. Paper. Genre/Age: Fiction, Adult. Subject(s): Borderline Personality Disorder
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Loving Someone with a Borderline Personality Disorder by Manning, Shari Y., Ph.D. 2011, Guilford Press. Genre/Age: Non-Fiction, Adult. Subject(s): Personality Disorders


20 - Reference


